

XPhe minis

Free of Phenylalanine (Phe). From 7 years of age.



General description:

XPhe minis is a highly concentrated Phenylalanine-free protein supplement for the nutritional treatment of Phenylketonuria (PKU) or Hyperphenylalaninemia (HPA). XPhe minis is an amino acid formula in tablets, ready to take and ideal to takeaway, without flavor or smell. Suitable from 7 years of age, for teenagers and adults. XPhe minis are discreet, neutral, convenient, practical, efficient, flexible and quick to take.* Low calorie content. It contains highly purified L-amino acids and micronutrients.



Presentation and Protein Equivalent (PE):

Each box contains 30 sachets (475 g). Each sachet contains 24 tablets (15.8 g), which corresponds to 10 g PE.



Important information:

XPhe minis must only be used under medical supervision. Not for use as a sole source of nutrition. For enteral use only.



Dosage and Administration:

The daily total amount of amino acid mixture depends on age, body weight and individual medical condition, and should be determined by a medical specialist. The daily quantity of the protein supplement should be taken in 3 - 5 single portions during the day. The daily dosage of amino acid mixture can consist either exclusively of XPhe minis or of several products suitable for use in the dietary management of PKU. The diet must be supplemented with energy, natural protein and other nutrients.



Preparation:

Oral supplementation with sufficient quantity of water or suitable liquid. XPhe minis should not be dissolved in water or other drinks.



Storage:

Keep it in a cool, dry place. Once opened, consume the sachet content within the next 6 hours.

* **Discreet** – almost no attention drawn to the dietary product; **Neutral** – coated tablets, no taste, no smell; **Convenient** – ready “to go”; **Practical** – no cooling necessary; **Efficient** – high in protein and low in energy; **Flexible** – wide choice of drinks suitable for intake; **Quick to take** - easy application.

Product



XPhe minis

Treatment of



PKU or HPA

Presentation and PE



AA formula in tablets.
Each box contains 30 sachets (each with 24 tablets \equiv 10 g PE)

Age



From 7 years of age

Preparation



Tablets ready to take with water or other suitable liquid

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Nutrition Information:

Amino acids per 100 g product

L-Alanine	4 g	L-Leucine	6 g
L-Arginine	3 g	L-Lysine	4 g
L-Aspartic acid	9 g	L-Methionine	1,1 g
L-Cystine	1,1 g	L-Proline	6 g
L-Glutamine	4 g	L-Serine	4 g
L-Glutamic acid	3,5 g	L-Threonine	4 g
Glycine	4 g	L-Tryptophan	1,3 g
L-Histidine	3 g	L-Tyrosine	7 g
L-Isoleucine	4 g	L-Valine	5 g

Nutrition Information

Nutrients	Units	100 g	15.8 g (1 sachet contains 24 tab.)
Energy	kJ	1175	186
	kcal	278	44
Fat	g	2	0,3
of which saturates	g	2	0,3
Carbohydrate	g	0	0
of which sugars	g	0	0
Fibre	g	16	2,5
Protein	g	62	10
Salt	g	0	0
Vitamins			
Vitamin A	µg	931	147
Vitamin D3	µg	7	1,1
Vitamin E	mg	16	2,5
Vitamin K1	µg	68	11
Vitamin C	mg	81	13
Thiamin (Vit. B1)	mg	1,6	0,3
Riboflavin (Vit. B2)	mg	1,7	0,3
Niacin	mg	25	4
Vitamin B6	mg	1,7	0,3
Folic acid	µg	559	88
Vitamin B12	µg	6	0,9
Biotin	µg	155	25
Pantothenic acid	mg	9	1,5



Minerals

Potassium	mg	931	147
Calcium	mg	1651	262
Phosphorus	mg	652	103
Magnesium	mg	401	63
Trace elements			
Iron	mg	19	3
Zinc	mg	9	1,5
Copper	mg	1,6	0,25
Manganese	mg	4	0,7
Selenium	µg	48	8
Chromium	µg	62	10
Molybdenum	µg	93	15
Iodine	µg	217	34
Further nutritional information			
L-Carnitine	mg	43	7
Choline	mg	155	25
Myo-Inositol	mg	93	15